



Subject: Physical Education

Grade Level: 10th

DI Strategy: Targeted Check, Challenge by Choice

Targeted Check on Football Skills

What skill(s) were you targeting and why?

There are four categories of skills in the football unit that students need to learn. I use a rubric with those four categories on it to determine students' learning throughout the unit.

What targeted check did you give to students and what did you notice?

At the end of each week of the unit, I use the rubric with the four categories as a targeted check. I have the kids scrimmage and then I write the number of the skills the student needs to work on in the "Still Working" box and the number of the skills students have mastered in the "Got It" box. The students get a copy of this rubric at the end of each week as well and they self-assess before comparing it to the rubric I filled out for them. They then have to write a plan of attack for skills lab for the next week.

How did you respond to the targeted check data?

At the start of each class, I run a skills lab where there are stations for each of the skills students need to know for the unit. In the students' plan of attack, they identify 1-2 skills from the "Still Working" boxes that they are going to focus on for the week. They use the first ten minutes of each class doing concentrated drills at stations for those skills.

How were students engaged at the correct level of difficulty?

Students get a chance to focus on the "Still Working" skills they each need to try to move that skill into "Got It."